

# IN CRISIS? CALL SOMEONE

## Suicide and Crisis Hotline- Graham County

- 988
- Text HOME to 741741
- <https://988lifeline.org/talk-to-someone-now/>

## Teen Lifeline

- 1-602-248-8336
- Or text "Hello"
- [www.teenlifeline.org](http://www.teenlifeline.org)
- Tweet @602248TEEN

## Suicide Prevention Line

- 24/7 support that is free and confidential
- (800) 273-8255
- [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## National Suicide Prevention Lifeline

- Call or Text: (800)273-8255
- 988
- <https://988lifeline.org/chat/>
- The Lifeline is available for non-English speakers and people who are deaf or hard of hearing (TTY 1-800-799-4889).

## Arizona Statewide Crisis Hotline

- Call: 1-844-534-4673
- Text: 4HOPE (44673)
- <https://www.azahcccs.gov/BehavioralHealth/crisis.html>

## HOPE

- 08:00 AM - 10:00 PM
- <https://hopearizona.org/>
- Community Crisis Line: (866) 495-6735

## National Grad Crisis Line

- 1(877) 472-3457
- <https://gradresources.org/crisis/>

## LGBT National Hotline

- 888-843-4564
- <https://www.lgbthotline.org/>

## Trans Lifeline

- 877-565-8860
- <https://translifeline.org/hotline/>

## The Trevor Project

- For youth who identify as LGBTQ
- Phone: (866) 488-7386
- Text START to 678-678
- LIVE CHAT: [www.thetrevorproject.org](http://www.thetrevorproject.org)

## SAGE NATIONAL LGBTQ+ ELDER HOTLINE

- 877-360-LGBT(5428)
- <https://www.sageusa.org/what-we-do/sage-national-lgbt-elder-hotline/>

## Veterans Crisis Line

- 988 Press 1
- Text: 838255
- Be connected: (866) 429-8387
- <https://www.veteranscrisisline.net/>
- Available 24/7:
  - Dial 988 then Press 1, chat live, or text 838255

## Safe Call Now for First Responders

- Phone: (206) 459-3020
- <https://www.safecallnowusa.org/>